Spa and Massage Consent

The client signs before the service. The therapist countersigns.

SPA NAME

THERAPIST NAME

Client

FULL NAME

EMAIL

PHONE

DATE OF BIRTH

ID CHECKED

Service

THERAPY

DURATION (MIN)

PRICE (₹)

PREFERRED PRESSURE

THERAPIST PREFERENCE

Massage therapy is for relaxation and relief of muscle tension and does not replace medical treatment. You will be properly draped at all times; only the area being worked on is uncovered.

Health check

Do you have high blood pressure, heart disease or blood clots?

○ No ○ Yes

Are you pregnant?

○ No ○ Yes

Do you have varicose veins, recent injuries or skin conditions?

○ No ○ Yes

Are you allergic to any oils or nuts?

○ No ○ Yes

ALLERGIES, MEDICINES OR DETAILS OF ANY "YES"

Risks

- Soreness for a day or two after deep work
- Skin reaction to oils
- Dizziness when getting up after the session

Aftercare

- Drink water after the session.

- Wait an hour before a hot shower or heavy meal.

The spa follows a strict professional conduct policy. You or the therapist may stop the session at any time. Any inappropriate request or behaviour ends the session without refund.

Consent

- I am 18 or older, and the answers above are true.
- I understand that results vary with skin, hair and health, and that following the aftercare is my responsibility.
- The spa follows hygiene practice using sterile or single-use tools where applicable.

☐ I consent to the service described and release the studio from claims for reactions I did not disclose or aftercare I did not follow.

☐ The studio may photograph the result for its portfolio and social media.

Client

SIGNATURE

PRINTED NAME

DATE

Spa

SIGNATURE

PRINTED NAME

DATE