Personal Trainer Agreement

This agreement is made between the Trainer and the Client named below and takes effect on the date of the last signature.

Trainer

FULL NAME

EMAIL

PHONE

ADDRESS

Client

FULL NAME

EMAIL

PHONE

ADDRESS

Scope of work

The Trainer will provide personal training sessions to the Client under the package below.

SESSIONS IN PACKAGE

PACKAGE VALIDITY (DAYS)

LOCATION

FITNESS GOALS

Fees and payment

TOTAL AMOUNT (₹)

PAYMENT SCHEDULE

Payment method

◯ UPI ◯ Bank transfer ◯ Card ◯ Cheque ◯ Cash

Invoices are payable within 15 days unless the schedule says otherwise. Late payments may attract interest at 1.5% per month.

Specific terms

- Cancellations. Sessions cancelled with less than 12 hours' notice count as used.
- Validity. Unused sessions lapse after the validity period.
- Health. The Trainer is not a doctor; the Client should consult a doctor before starting if unsure.

Standard terms

- Independent contractor. The Trainer is an independent contractor, not an employee, and is responsible for its own staff, taxes and statutory dues.
- Confidentiality. Each party keeps the other's non-public information confidential during this agreement and for two years after it ends.
- Liability. Except for fraud, wilful misconduct or breach of confidentiality, each party's total liability is limited to the fees paid in the three months before the claim.
- Termination. Either party may end this agreement by written notice of the period chosen below, or at once if the other party commits a serious breach and does not fix it within 7 days. The Client pays for work done up to the end date.
- Taxes. Fees exclude GST, which is added to invoices where applicable.

Notice period to terminate

◯ 7 days ◯ 15 days ◯ 30 days

☐ I am fit to exercise and have disclosed any medical conditions, injuries or medication to the trainer.

☐ I will tell the trainer at once if I feel pain, dizziness or discomfort during a session.

Initials

General terms

- Governing law. This document is governed by the laws of India.
- Entire agreement. This document is the whole agreement between the parties on its subject and replaces earlier discussions.
- Amendments. Changes are valid only in writing signed by both parties.
- Severability. If a clause is unenforceable, the rest of the document still applies.
- Notices. Notices may be sent to the email addresses given above and take effect on delivery.
- Electronic signatures. The parties agree to sign electronically; electronic signatures and records are valid under the Information Technology Act, 2000.

Trainer

SIGNATURE

PRINTED NAME

DATE

Client

SIGNATURE

PRINTED NAME

DATE